

Course Phases

Preliminary Phase:

In the preliminary phase of the course which starts 4 weeks prior to the face-to-face session participants are provided with introductory information in the field of domestic violence, namely:

- § the European dimension of violence against women: background, facts and figures;
- § general approach to domestic violence;
- § available resources and support networks;
- § communication basics in the field of domestic violence;

This information package is delivered on an easy-to-use eLearning.

Moreover, the participants have the opportunity to get to know their course colleagues. By doing so, they get into contact with various technical tools (skype and online rooms) as well as with new learning environments (learning management system). The participants get the necessary information to successfully use those tools and instruments and are supported by a tutor.

Face-to-Face Session:

In the face-to-face session, besides the deepening of pre-knowledge about domestic violence, a main focus is put on the development of fundamental concepts for autonomy: self advocacy and empowerment; awareness: raising and self consciousness as well as intervention models or methodologies for supporting and training women survivors of violence.

In role playing procedures, such as simulating and staging concrete situations, participants experience specific procedures of interventions for women survivors of violence and learn how to deal with difficult situations.

Programme Day-by-Day

Day 1

Administrative issues and cultural background

Presentation of the course programme, the agenda and the methodological approach

Presentation of participants and their educational and professional backgrounds

Introduction to the issue of domestic violence

Feedback and exchange of experiences from the preliminary phase



Day 2

Awareness training: types and signs of violence

Group discussion

Reflective practice

Specific procedures of intervention for women survivors of violence

Questioning skills and active listening exercises

Cycle of violence (Role play and simulation)

Social event: "Buffet of National Specialities"

Programme Day-by-Day

Day 3

Domestic violence and stereotypes

Communication exercises

Impact of the consequences on survivors' life

Assertiveness and self-esteem

Women's needs

Day 4

Communication training

Network and resources - Intervention models or methodologies for supporting and training women survivors of violence

Case studies

Mentoring and life Projects

Active Citizenship

Social Event

Day 5

Evaluation session

Preparation of the follow-up-phase and instructions (regular online meetings)

Learning networks

Follow-up Phase

In the follow-up phase, regular online sessions give the participants the opportunity to get advice and information from other group members and the tutor and promote an exchange of experiences and good practice.

Background

Violence against women is omnipresent in all societies nowadays. As statistics and studies reveal all over the world, one in every three women experiences domestic violence. One in four European women is, or has been, victim of violence at the hands of their partner or husband. Violence against women crosses all socio-economic levels, age groups, races, religions and countries.

According to the present data, the probability that in one's professional and personal life there will be a victim of domestic violence is very high.



Objectives:

The central objective of the course is to sustainably improve the competences of adult education staff in the area of violence against women in different institutional environments on a European level with the main purpose of supporting women survivors of violence.

The first step of the course delivers some general information which allows participants to recognise cases of domestic violence. The second step involves the development of specific communications and individual skills and competences, thus stimulating the participants to learn how to (re)act when confronted with cases of domestic violence.

Helping teachers, trainers and other professionals to deal more proficiently with women survivors of domestic violence will allow supporting a larger number of women survivors of violence all over Europe.

Organisation

Organisation	BUPNET GmbH Am Leinekanal 4 D - 37073 Göttingen
Enrolment	Please use the pre-registration form or contact: Sabine Wiemann info@background-eu.org
Host institutions and dates	<u>1. Edition</u> Opportunities Aid Foundation Sliema/Malta 05.05. - 09.05.09 Start preliminary phase: 14.04.09 Course Code: DE-2009-850-002 <u>2. Edition</u> AMCV Lisbon/Portugal 06.10. - 10.10.09 Start preliminary phase: 15.09.09 Course code: DE-2009-850-002
Total Hours	40 hrs (face-to-face) 25 hrs eLearning (preliminary phase) 20 hrs eLearning (follow-up)
Fees	Course fee: 650 € Subsistence: 650 € Total: 1.300 €
Background Trainers	BUPNET GmbH, Göttingen, DE Ines Polzin Sabine Wiemann AMCV, Lisbon, PT Petra Viegas Sandra Paulos



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Acting on the Background for a higher Climbing Up of Women Survivors of Violence

BACKGROUND



Course Grundtvig 3

Programme

